



## Systems for Sensory Kids/Carolyn Dalgliesh Speaker Information

Do you want to learn how you can support your sensory child at home and in school? Professional organizer, mom, and sensory design expert Carolyn Dalgliesh now brings her proven **SSK Sensory Organizing™** system to you!

Carolyn is available to conduct workshops, presentations, and other events for your school, parents' or teachers' group, or support group!\* She offers three levels of presentations and can tailor every event to suit your organization's particular needs.

### Presentation formats are as follows:

#### **Standard Presentation**

Carolyn will be with your group for one hour, offering a 45-minute presentation with props, pictures, and demonstrations of systems she has put into place with her clients. The presentation will be followed by a 15-minute Q&A session.

#### **Workshop/Breakout Session**

This is a 2-hour presentation consisting of a 90-minute presentation, one break-out session, and a 15-minute Q&A session.

#### **Keynote Presentation**

This is a 3-hour presentation consisting of two 1-hour presentation blocks, two break-out sessions, and a 15-minute Q&A session.

\*Speaker fees vary according to travel time, date, and other considerations. Please contact Carolyn today with questions, to obtain a fee estimate, or to book your event.

## Sample Presentation Topics

Here are just a few of the topics Carolyn can tailor to your organization or group. If you have a specific topic or issue you would like to address, please contact Carolyn; she can design a program specifically for your needs!

### **Techniques to Help Your Sensory Child**

Sensory kids—like those with anxiety disorder, sensory integration dysfunction, learning challenges, ADD/ADHD, OCD, high-functioning autism, Asperger’s syndrome, or other sensory challenges—need special organizing solutions. Carolyn started Systems for Sensory Kids after years of trial and error in helping her own sensory child and typical child with different organizing techniques and systems. She creates plans for daily living, visual aids, bedroom zone systems, homework stations, and play areas for her clients which include both active and quiet spaces for sensory breaks. Let Carolyn give you some tips to help you create order in your home and help the entire family thrive!

### **Recognize and Support Early Sensory Needs with Home Organizing Strategies**

Carolyn can help you learn the early signs of “sensory issues” and help you come up with simple schedules and routines that make the day-to-day experience of living with a sensory child more productive. As the parent of a sensory child, Carolyn has utilized organizing systems and routines to great success in her own home. She will talk about ways to use visual aids to support your sensory child in times of transition, give you ways to build in organizing breaks to your day, and discuss ways to provide extra support and “down time” for typical children.

### **Organizing and Systems for Families**

Life has gotten incredibly busy for families these days, and we are asking our kids to do more than ever! Learn simple ways to make the day-to-day family experience less stressful and more meaningful. Carolyn will talk about simple strategies that every family can use—like embracing the central message area, taking charge of clutter areas, and learning time management techniques that give the whole family “down time.”

### **Teach Your Children Simple Organizing Techniques for School**

Getting a head start on teaching your child simple organizing techniques will help them grow into an organized student. Carolyn will talk about tapping into your child’s learning style, and offer tips for a successful bedroom plan and homework stations that keep your student motivated. These simple techniques will be a starting point your children will continue to build on as they move along in their academic careers.

## About SSK and Carolyn Dalgliesh



Carolyn Dalgliesh founded Systems for Sensory Kids to offer practical support and easy-to-apply solutions to parents of sensory children. The parent of a sensory child herself, Carolyn brings a real-world approach to dealing with the challenges of everyday life.

After eleven years in sales, customer service management, and executive recruitment, Carolyn Dalgliesh shifted her focus to raising her two small children. Her experience with businesses ranging from small, family-run operations to Fortune 500 companies fueled her interest in organizing, and led her to recognize how good systems contribute not only to professional success but also to personal well-being. In addition to her business experience, Carolyn has a Bachelor's degree in Psychology and completed an internship at the Philadelphia Child Guidance Clinic.

Now, through Systems for Sensory Kids, Carolyn brings her caring, family-oriented approach to families of sensory children. With her passion for problem solving, healthy living, and systems management, Carolyn is ideally suited to assist you in creating an organized, functional environment for your child. Through personal experience, extensive research, and countless conversations with parents and clinicians, she has developed simple, effective solutions that can make a powerful difference in the lives of sensory children and their families. From interior space design to visual aids, the use of language, and mindful activity selection, Carolyn's strategies are tailored to help whole families thrive.

A member of the National Organization of Professional Organizers (NAPO), and a Certified Green Home Specialist, Carolyn is also the President of Simple Organizing Strategies, a professional organizing service for home and small business.

Contact Carolyn at 401.413.2811, or e-mail [carolyn@systemsforsensorykids.com](mailto:carolyn@systemsforsensorykids.com) today!